

LONG EDITION

TEAM BOOSTERS
Trust Builders
Manager's guide

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LONG EDITION

Team Boosters Pack

The Trust Builders – Manager Toolkit for Real Team Impact

MANAGER'S GUIDE

Welcome to this guide dedicated to managers who are committed to strengthening trust within their teams. The activities you are about to discover are not just simple games—they are powerful levers to observe, understand, and transform group dynamics.

This guide brings together all the observation charts and interpretation keys associated with each activity to support you step by step in the fine analysis of behaviors, emotions, and interactions.

As a manager, your role goes beyond task management; it extends to creating an environment where every voice counts, where trust is sustainably built, and where authenticity can freely express itself.

Use these tools to develop your active listening, detect weak signals, and make informed decisions that will help your team grow.

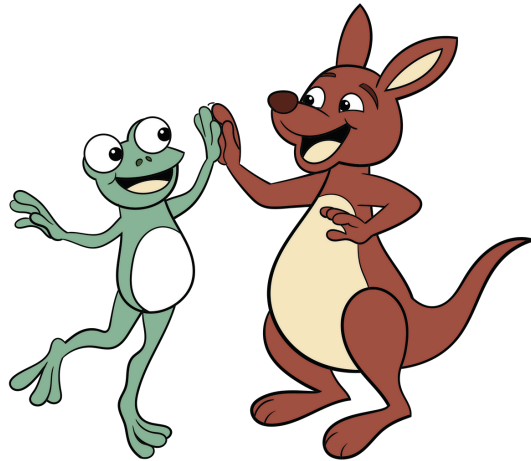
Frogs&Roos games aren't made to "analyze people" — they're designed to create the conditions for deeper, more human, more truthful team insights.

A team needs to be listened to. Not managed like a spreadsheet.

Educational Introduction

Play is a powerful tool. It reveals behaviors that formal interviews never access. It puts team dynamics in motion and opens unexpected spaces for authenticity. At Frogs&Roos, we don't use games for fun's sake — we use them as diagnostic and transformation tools for teams.

This pack is designed for managers, HR professionals and facilitators who want to observe with precision, understand deeply, and act meaningfully on team dynamics.



Why use this pack?

Because great management is not about control — it's about observation, interpretation, and meaningful adjustment.

This guide helps you:

- Read subtle team dynamics without judgment
- Detect hidden talents and emotional signals
- Spot collaboration blockers and fix them early
- Make grounded HR decisions based on live behavior
- Build an aligned, healthy, and self-aware culture

What is each game for?

Game	Activated Learning	Recommended Use
Spaghetti Tower Challenge	Spontaneous leadership, failure management, team agility	Use at the start of a seminar to break the ice and observe natural role distribution
Straw Bridge	Technical cooperation, task delegation, structured thinking	Great for identifying planners, organizers, or resistance to change
Hot Feedback Ball	Emotional intelligence, feedback culture, inclusion/exclusion	Use with mature teams or after tense periods to open honest conversations
Hidden Talents Mapping	Self-awareness, growth projection, skill recognition	Ideal during team reshuffling, collective reviews, or performance cycles
The Projection Wall	Social perception, bias awareness, authenticity	Use at the end of a journey to surface unspoken truths and strengthen trust

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You've just seen a preview! The full version
is available in our shop — with all the
resources ready to use:

<https://www.frogsandroos.com/shop>